



Middle School 7th Grade Health Education Syllabus

Teacher: Mrs. Rodriguez

Email: Karenrodriguez@u-46.org

Room: 106

Health Education is 9 week course in both 7th and 8th grade. The health curriculum is aligned to the Illinois Learning Standards, state mandates and was school board approved in April of 2015. Below are the units of study, focus questions and approximate number of weeks spent on the topics in 7th grade. If you have any questions or would like to further discuss.

*Dimensions of Wellness - How healthy am I in the 4 areas of wellness?

*Decision Making - How do my decisions impact my Health?

*Reproductive Systems - What are the structures and functions of the male and female reproductive systems?

*Nutrition - How healthy is my diet and what changes should I make?

*Tobacco/Alcohol - What are the long and short term effects of tobacco? What are the physical, emotional, social and mental long and short term dangers of Alcohol use?

Grading Policy:

Student grades will be determined by both formative and summative assessments. All assessments are based on a 0-4 point proficiency scale.

0 = No Evidence: There is no evidence of learning either through incorrect information or incomplete/missing work.

1 = Below Basic: Student does not yet demonstrate an understanding of concepts, skills and processes taught and needs consistent support. There are gaps in knowledge and unreliable comprehension skills.

2 = Basic: Student is beginning to demonstrate an understanding of concepts, skills and processes taught. Is able to demonstrate basic recall and understanding.

3 = Proficient: Students consistently demonstrates an understanding, application and analysis of concepts, skills and processes taught.

4 = Mastery: Student demonstrates an in-depth understanding of concepts, skills and processes taught and exceeds the required performance. Can apply their knowledge and skills to new or related situations or scenarios.

Suggested Materials:

Writing utensil, highlighter, a folder that will be left in the room.

Late work/Make up policy: Students are encouraged to talk to the teacher before the last day of the unit if any work is missing.

Late Work/Absence Policy - Late work is any work that is turned in after the period that it is due. Late work will be accepted through the end of each health unit. Students who are absent for any reason should make-up all class work missed. When absent on an assignment due date, students are expected to submit their work on the day they return to receive full credit. If absent on the day an assignment is given, an additional day will be added to the deadline if needed. Students are responsible for knowing what is to be made up and seeing that assignments are completed.

Reassessment Policy - For each unit, students will have the opportunity to retake their summative assessment. To qualify for a retake, students will be expected to communicate with their teacher and may be required to complete any missing formative assessments.

Test Corrections/Retakes: For each unit, students will have the opportunity to retake their summative assessment. To qualify for a retake, students will be expected to communicate with their teacher, receive additional instruction of current unit, and complete a retake assessment on their own time.

Health Classroom Rules and Expectations:

Health class can be a place where thoughts, feelings, emotions, and ideas can be explored. Not everyone in the health classroom will have the same backgrounds or experiences. Therefore, ALL comments will be listened to and respected even if they are not agreed with. Respect must be shown toward everyone in the classroom at all times to ensure a safe and productive learning environment.

Additionally, the following rules should be followed:

- ★ Arrive on time with materials and be ready to learn.
- ★ Complete assignments as assigned.
- ★ Ask questions for clarification.
- ★ Gum, candy, and drinks (other than water) cannot be consumed in class.
- ★ Cell phones are not to be used during class.
- ★ Respect yourself, classmates, Mrs. Rodriguez and all classroom displays and materials.
- ★ Do your best!

Parent Signature _____

Student Signature _____